



SKLZ

PERFORMANCE





# THIS IS WHERE READY IS BUILT

Evan Longoria  
Third Base, Tampa Bay

Ready is all or nothing. We either are, or we aren't. In the history of human endeavor, no man has ever achieved anything with almost. It's why we burn so many hours. It's why our muscles throb, it's why our eyes ache, and it's why we live with blinders on — in constant pursuit of preparedness. And we know that as much as we pride ourselves on our dedication, this alone is not enough. Plenty of people are dedicated. Our worthiest opponents are just as hardworking as we are. So if we ever hope to win, we need to work smarter. **We must be ready.**

#BEREADY



## MINI BANDS

### MULTI-RESISTANCE TRAINING BAND SET

- Effective and versatile training tool that can be used anywhere
- Use for upper and lower body resistance training
- Ideal for lateral movement and stabilization exercises

APD-MBD01-02

#### Also available in bulk

Yellow (10 pk) APD-MBYLW-000

Red (10pk) APD-MBRED-000

Black (10pk) APD-MBBLCK-000



## ROLLER BALL

### HANDHELD TRIGGER POINT RELEASE

- Friction-free glide ball for trigger point release
- Comfortable, rubberized grip fits all hand sizes
- The must-have massage tool that fits in your bag
- Comes in 12-pack PDQ

ROLB-001-12



## MASSAGE BAR

### SOFT-TISSUE MASSAGE TOOL

- Massage muscles following any activity
- Accelerate active recovery
- Handles inspired by mountain biking for even pressure and comfort

APD-MSGBR-04



## COLD ROLLER BALL

### HANDHELD ICE THERAPY

- Combines targeted massage with ice therapy to reduce inflammation
- Insulating gel maintains ball's temperature longer
- Smooth stainless steel ball glides comfortably over skin

APD-CLDRLR-02



## MOBILITY BAR

### STRENGTH, STABILITY AND MOBILITY TRAINER

- Increase shoulder range-of-motion and flexibility
- Helps improve shoulder strength and reduce the chance of injury
- Ideal warm-up and recovery tool for overhead athletes

MCMB-001



## ACCUSTICK™

### TENSION RELIEF MASSAGE TOOL

- Recover faster with massage and trigger point release
- Target all muscle groups with curves, corners and points
- Lightweight and portable to use anywhere you train or play

ACST-001



## ACCUROLLER

### ADJUSTABLE MASSAGE ROLLER

- Adjustable balls for versatile trigger point release
- Helps increase muscle flexibility and strength
- Designed for head-to-toe massaging and stretching

APD-ACRL01-04



## ACCUSTRAP

### TRIGGER POINT RELEASE MASSAGE BALL AND STRAP

- Increase circulation and accelerate recovery by releasing knots
- Dual density (think golf and lacrosse ball) for massage and trigger point release
- Easy to use against a wall to release hard-to-reach areas

APD-MSGBL-04



## ACCUBALL

### TRIGGER POINT RELEASE MASSAGE BALL

- Dual density (think golf and lacrosse ball) for massage and trigger point release
- Roll against your body weight or use in hand to target trigger points
- Convertible dual yellow "knob" works like a massage therapist's knuckles or elbows

APD-KNCBL-04



## ACCUPOINT

### ERGONOMIC SPINE AND TISSUE MASSAGER

- Cradles the spine and applies pressure for increased circulation
- Helps accelerate recovery from sport training
- Ergonomic, spine-friendly design

APD-ACP01-02



## MED BALL

### WEIGHTED TRAINING BALL

- Trains upper body, rotational power and core strength
- Non-slip pattern offers secure grip
- Improves hitting, swinging or throwing



6 lb MBRT-006  
8 lb MBRT-008  
10 lb MBRT-010  
12 lb MBRT-012  
15 lb MBRT-015



## LATERAL RESISTOR PRO

### STRENGTH AND SPEED TRAINER

- Develops first-step quickness and lateral speed
- Strengthens key muscles for fluid movement and proper body positioning
- Patented Slide-Lock™ system for quick, safe switching of resistance cables

APD-LRXG01



## HOPZ™

### VERTICAL JUMP TRAINER

- Builds explosive leg power and strengthens jumping muscles
- Move resistance cables on belt to target specific muscles
- Change resistance cable quickly with patented Slide-Lock™ on belt and ankle straps

APD-HOPZXG01



Kenny Stills  
Wide Receiver, Miami

## STRENGTH / POWER



### SLIDEZ

#### FUNCTIONAL CORE STABILITY DISCS

- Use-anywhere training aid that builds core strength and increases flexibility
- Low-friction, durable material slides smoothly on virtually any surface
- Large surface area with ergonomic tread provides a comfortable, non-slip grip for hands and feet

SLDS-001



### RECOIL 360°

#### DYNAMIC RESISTANCE/ASSISTANCE TRAINER

- Maximizes power, speed and vertical jump
- Engineered with a "free-floating" ring for 360 degrees of movement
- Designed for solo use or for training with a partner

SAQ-VPRB01-02



### SUPER SANDBAG

#### HEAVY-DUTY TRAINING BAG

- Develops power and explosiveness
- Great for building strength throughout body
- Four weight bags included – must be filled with a high-density material, like sand

APD-SB75-02



### PRO BANDS

#### MULTI-EXERCISE RESISTANCE BAND

- Builds upper and lower body strength safely and effectively
- Improves flexibility and recovery with restorative exercises
- Develops lateral speed and forward acceleration

Light APD-PBDLT-04

Medium APD-PBDMED-04

Heavy APD-PBHVY-04

Extra Heavy APD-PBXHVY-04



### COREWHEELS™

#### DYNAMIC CORE STRENGTH TRAINER

- Enhances traditional plank and push-up exercises
- Develops pillar strength (shoulders, torso and hips) through a variety of exercises
- Wheels on each axle move together for safety and comfort

APD-CW01-02



### WEIGHTED VEST

#### VARIABLE WEIGHT TRAINER

- Breathable vest adjusts from 1 lb to 10 lb in half pound increments
- Belt adjusts to fit athletes of most sizes
- Soft weights allow the vest to bend and flex with your movements

SAQ-WV10-02





## TRAINERBALL®

### SELF-GUIDED STABILITY BALL

- 16 essential exercises printed on the ball to engage core stabilizers, maximize flexibility and improve muscle regeneration
- Portable and convenient for training anywhere
- Designed by professional trainers

APD-TB-SPT-04



## TRAINERROLLER®

### SELF-GUIDED FOAM ROLLER

- 12 essential exercises printed on the roller to relieve soreness, improve circulation and increase muscle elasticity
- High-density foam construction efficiently massages muscle and connective tissue
- Designed by professional trainers

APD-TR-SPT-04



## TRAINERMAT®

### SELF-GUIDED EXERCISE MAT

- 24 essential exercises printed on the mat to build muscle strength and elasticity; key elements for developing speed, agility and quickness
- Integrate into training routine for efficient recovery and to reduce injury risk
- Designed by professional trainers

APD-G2M-PEF-04



## STABILITY BALL

### CORE AND BALANCE TRAINER

- Promotes core strength, improve balance and posture
- Built with a non-slip surface and heavy-duty materials
- Offers unlimited workouts from a single training device

55 cm STAB-55-001

65 cm STAB-65-001

75 cm STAB-75-001

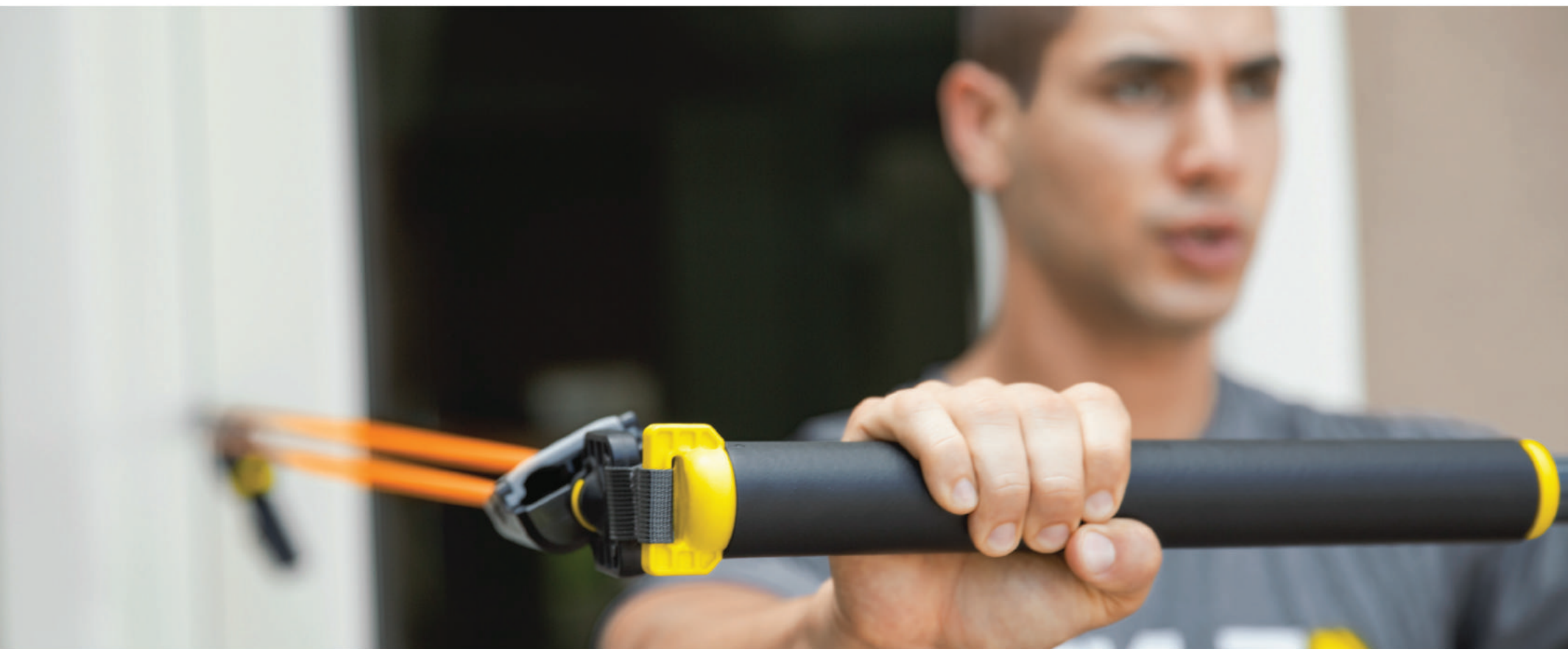


## STABILITY BALL PRO

### CORE AND BALANCE TRAINER

- 1000 + lbs burst rating
- Constructed from high-quality, durable material
- Includes two way manual pump

65 cm PRO-SBP65-04







## TRAINING CABLE

### STRENGTH TRAINER

- Builds strength, stability and power
- Compatible and interchangeable with all Slide-Lock™ components
- Essential for your home gym



Extra Light 10-20 lb TC10BX-ELT

Light 30-40 lb TC30BX-LGT

Medium 50-60 lb TC50BX-MED

Heavy 70-80 lb TC70BX-HVY

Extra Heavy 90-100 lb TC90BX-XHY



## DUAL HANDLES

### FUNCTIONAL TRAINING HANDLES

- Connected handles enhance upper body training
- 360° rotation allows for all types of movement
- Compatible and easily interchangeable with Slide-Lock™ components

SWVH-HNDL-04



## FLEX QUICK CHANGE HANDLE

### FLEXIBLE SINGLE-CABLE RESISTANCE TRAINER

- Patented Slide-Lock™ system for quick and safe cable changes
- Flexible strap and moveable handle allows for a variety of grips
- Use with Training Cables for variable resistance

PRO-QCFH01-06



## SINGLE QUICK CHANGE HANDLE

### INTERCHANGEABLE SINGLE-CABLE RESISTANCE TRAINER

- Patented, Slide-Lock™ system for quick and safe cable changes
- Contoured, ergonomic handle design with rotating grips
- Use with Training Cables for variable resistance

PRO-SQCH01-06



## TRIPLE QUICK CHANGE HANDLE

### INTERCHANGEABLE MULTI-CABLE RESISTANCE TRAINER

- Patented Slide-Lock™ system for quick and safe cable changes
- Contoured, ergonomic handle design with rotating grips
- Use with Training Cables, up to three at one time, for variable resistance

PRO-TQCH01-06



## CHOP BAR

### ROTATIONAL POWER TRAINER

- Build core power
- Trains sport specific swing movements
- Compatible and easily interchangeable with Slide-Lock™ components

SWVB-CHP-04



## UNIVERSAL CUFF

### FUNCTIONAL TRAINING CUFF

- Upper and lower body attachment to build strength and stability
- 360° rotation allows for full range of motion
- Compatible and easily interchangeable with Slide-Lock™ components

SWVC-CUFF-04



## UNIVERSAL ANCHOR

### INDOOR/OUTDOOR ANCHOR POINT

- Turns most doors or poles into an anchor point for training
- 360° rotation allows for all types of movement
- Compatible and easily interchangeable with Slide-Lock™ components

SWVD-ANCR-04



## DOOR ANCHOR

### DURABLE TRAINING CABLE ANCHOR

- Holds up to three 100-pound cables
- Flexible cable cradle increases longevity of cables by reducing friction and wear
- Use with any three-hinged door to increase the amount of exercise possibilities

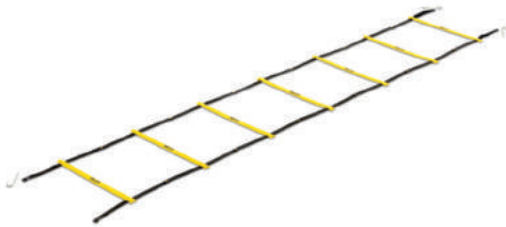
PRO-DA01-10





Jason Verrett  
Cornerback, San Diego





### QUICK LADDER PRO

TANGLE-FREE AGILITY AND FOOTWORK TRAINER

- Tangle-free fold means no time spent untangling and more time training
- Low-profile edges minimize chance of catching cleats
- Ends and sides are extensible for attaching more ladders

LADD-001

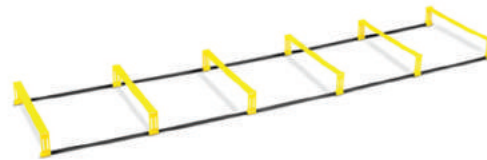


### QUICK LADDER

15' FLAT-RUNG AGILITY LADDER

- Improves acceleration, lateral speed and change of direction
- Improves quickness through accelerated foot strike and lift frequency
- Develops the core skills necessary to enhance balance, rhythm and body control

SAQ-SL01-02



### ELEVATION LADDER

2-IN-1 SPEED HURDLES AND LADDER

- Switch between a flat ladder and 4" hurdles in seconds
- 7-foot, 6-rung long ladder
- Each ladder rung measures 26" wide and 15" long

APD-ELAD-02



### SPEED CHUTE

RESISTANCE SPRINT TRAINER

- Maximizes acceleration and top running speed through resistance and overspeed training
- 360° rotation belt with free-motion ring allows for movement in any direction
- Quick-release belt buckle allows training with acceleration bursts

SAQ-SC01-02



### SPEED HURDLE PRO

MULTI-HEIGHT QUICK-ADJUSTMENT HURDLE

- Elevates speed and agility training with flexible, multi-height hurdles
- One-button, quick-adjusting heights for varying training drills
- Choose from 6, 9 or 12-inch settings to add or decrease intensity
- Set of 6

SPH2-001



### 6X HURDLES

FOOTWORK AND AGILITY TRAINING HURDLE

- Highly durable, multidirectional speed, agility and plyometric hurdles
- Bounce-back construction
- Superior, one-piece twist design
- Set of 6

H6IN-001



### AGILITY CONES

20 CONES IN 4 COLORS

- Multiple high-visibility colors for marking training areas
- Durable, will not break when stepped on
- Set of 20, 2" tall cones

SAQ-HSC01-02



### REACTION BALL®

MULTI-SPORT AGILITY TRAINER

- Six-sided high-bounce rubber design causes the ball to leap and hop randomly
- Sharpens depth perception and reactions
- Use solo or in a team setting on hard surfaces or walls

RB01-100-04



### SPEEDSAC™

VARIABLE-WEIGHT SPRINT TRAINER

- Improves 40-yard dash times, overall speed and explosiveness
- Boost acceleration and stride length
- Strengthens lower-body muscle groups
- Adjust weight options for variable resistance
- Simple construction makes it portable and versatile to use anywhere

SAQ-SS01-02





## TRAINING ROPE PRO

STRENGTH AND ENDURANCE TRAINER

- Builds strength, power, endurance, balance and muscle control
- 40' long for optimal performance
- Sheathed for ultra durability

PROTR-40-000



## SPEED ROPE

SPEED AND CONDITIONING TRAINER

- Speed rope with dual ball bearings and steel rod for faster rotation
- Coated low-kink cord
- Slim, comfortable handle with 90-degree cord angle

SR0L-001



## WEIGHTED JUMP ROPE SET

STRENGTH AND CONDITIONING TRAINER

- Design engages posterior, core and postural muscles
- Patented swivel-8 allows rope to rotate smoothly around handle
- Ropes change easily and quickly
- Additional medium (1.5-lb) and heavy (2-lb) ropes sold separately

HR0P-1-001



## MEDIUM (1.5-LB) AND HEAVY (2-LB) JUMP ROPE COMPONENTS

STRENGTH AND CONDITIONING TRAINER

- Design engages posterior, core and postural muscles
- Patented swivel-8 allows rope to rotate smoothly around handle
- Ropes change easily and quickly
- Handles available in the Weighted Jump Rope Set

HR0P-15-001

HR0P-2-001



## JUMP ROPE

CONDITIONING TRAINER

- Great tool for improving coordination, footwork and quickness
- Exceptional value, durable jump rope
- Ergonomic, padded grips

JROP-001





## PRO TRAINING AGILITY BANDS

### FLEXIBLE AGILITY TRAINER

- Perfect for plyometric, speed and agility training and hip mobility drills
- Safe design helps prevent injuries when players fall or trip on them
- Can be used in skills exercises or as a gate or obstacle
- Set of 4

PTAB-BAND-001  
AVAILABLE EARLY 2016



## PRO TRAINING AGILITY CONES

### 2", 6", 9" CONES

- Engineered with extremely durable, pop-back material
- Square-base design for better balance
- Built to work on turf, courts, grass and any other surface

2" Cone - Set of 20 TIAC-001  
6" Cone - Set of 4 SIAC-001  
9" Cone - Set of 8 NIAC-001



## PRO TRAINING UTILITY WEIGHT

### AGILITY POLE, ARC AND SOCCER GOAL WEIGHT

- Holds up the Pro Training Agility Poles and Arcs for use on any surface
- Adds stability to Quickster® Soccer Trainer and Pro Training Goals for better balance on all surfaces
- Four pounds each of durable rubber
- Set of 2

ACWT-001



## PRO TRAINING AGILITY POLES

### TELESCOPING AGILITY TRAINER

- Unique design works on grass, turf and courts with Pro Training Utility Weights
- Multiple training options with reversible spike
- Telescope to three different heights for different phases of training
- Set of 8

TAPO-001









2016



A photograph of two soccer players from behind, walking away from the camera in a gymnasium. The player on the left is wearing a dark blue jersey with "RAPINOE" and the number "15" in white. The player on the right is wearing a dark blue jersey with "MORGAN" and the number "13" in white. The background shows a brick wall and a bright light source, possibly a window or a bright light fixture, creating a silhouette effect.

# PREPARE TO BE READY

## SKILL TRAINING

Finishing .....	6
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## PERFORMANCE TRAINING

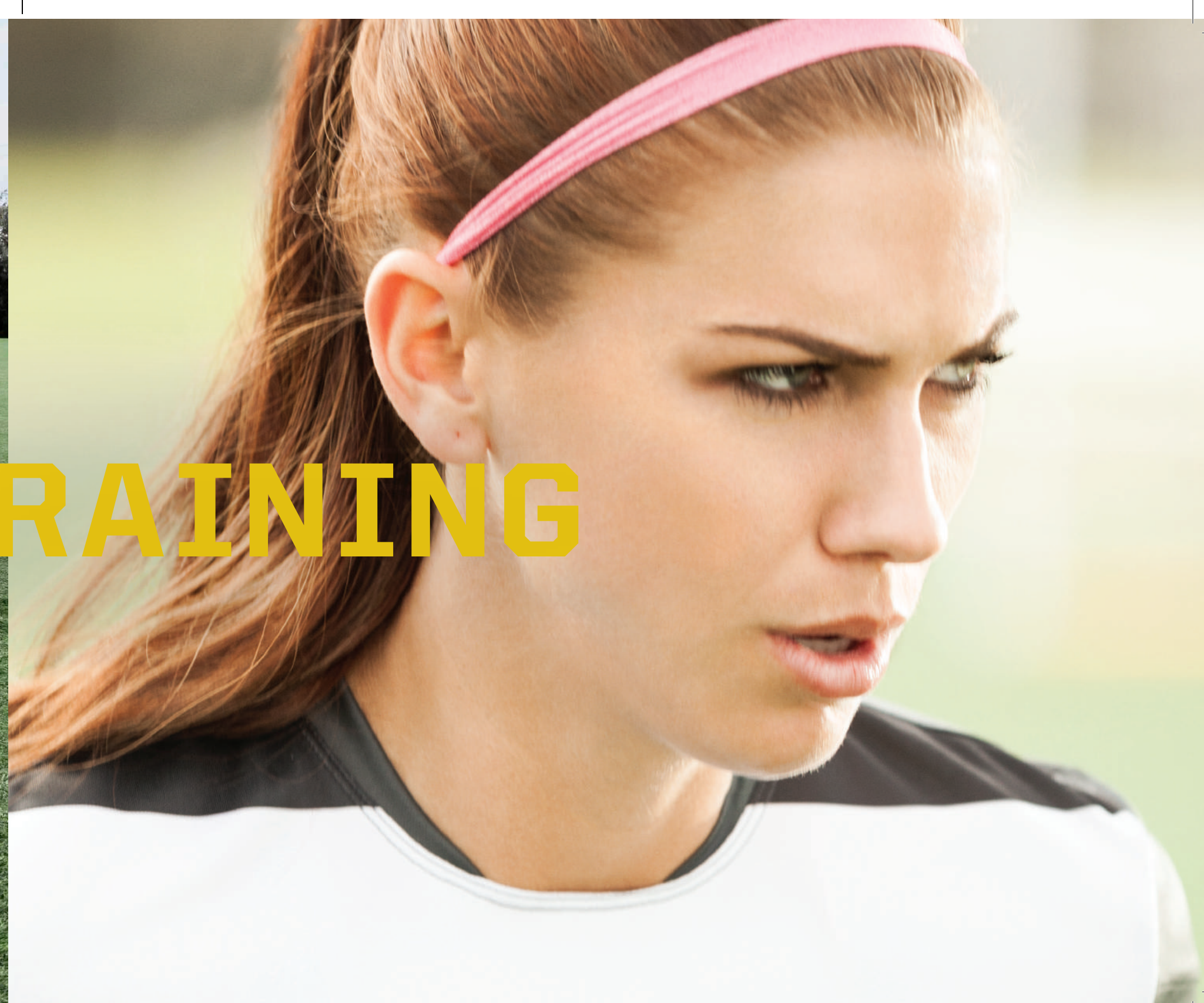
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Ready is all or nothing. We either are, or we aren't. In the history of human endeavor, no man has ever achieved anything with almost. It's why we burn so many hours. It's why our muscles throb, it's why our eyes ache, and it's why we live with blinders on — in constant pursuit of preparedness. And we know that as much as we pride ourselves on our dedication, this alone is not enough. Plenty of people are dedicated. Our worthiest opponents are just as hardworking as we are. So if we ever hope to win, we need to work smarter. **We must be ready.**





# SKILL TRAINING







## FINISHING



### GOALSHOT®

#### SHOOTING & FINISHING TRAINER

- Focus on the top four scoring zones, where you're four times more likely to score.
- Built to last multiple seasons
- Easily attaches to any regulation goal

PRGT-SHOT-001

AVAILABLE SPRING 2016



PASSING / RECEIVING



**QUICKSTER®  
SOCCER TRAINER**

**MULTI-TOUCH SKILL REBOUNDER**

- Provides a true roll that helps master passing and receiving on ground
- Maximize reps by settling the ball out of the air with your feet, thighs and chest
- Work on volleys and half-volleys with instep and laces

QR64-001



**QUICKSTER®  
SOCCER COMBO**

**8'X5' INTERCHANGEABLE PRACTICE GOAL  
AND REBOUNDER**

- Two nets (goal and rebounder) with one frame
- Heavy-duty corner construction
- Composite steel and fiberglass Tension-Tite™ frame

QKS-8X5CB-000



**KICKBACK**

**STRIKE AND PASS TRAINER**

- Practice free kicks, corner kicks and penalty kicks without chasing balls
- Build muscle memory for shooting to different goal zones through repetition
- Multiple cord lengths for a variety of training drills

Size 4 BMTR-000

Size 5 BMTR-001



**STAR-KICK®**

**SOLO SOCCER TRAINER**

- Hands-free trainer allows players to maximize the number of touches on the ball with more mobility
- Ball sleeve and belt turns your soccer ball into a solo kick and return trainer
- Fits size #3, #4 and #5 soccer balls

SK01-195-06



**KICK COACH**

**TOUCH TRAINER**

- Vibrates to reinforce proper touch for accurate passing, receiving and shooting
- Helps build muscle memory, key to proper ball striking and mastering technique
- Versatile fit for all parts of either foot—instep for passing or receiving and laces for shooting, driving and dribbling

KKCO-001







## GOALS



### PRO TRAINING GOAL

#### SOCCER TRAINING GOAL

- Portable goal built to withstand powerful shots
- Works on turf and grass
- Authentic goal look with white net, crossbar and posts
- No retail packaging

#### Soccer

5'x3' Q53P-001

8'x5' Q85P-001

12'x6' Q12P-001

18'x7'6" Q186-001

#### Futsal

3M x 2M SOCC-Q32P-001

AVAILABLE SUMMER 2016



GOALS



QUICKSTER®  
SUPERLITE SOCCER GOAL  
LIGHTWEIGHT, PORTABLE GOAL

- Designed to work on grass, turf and court
- Sets up and breaks down in seconds
- Two attached ground stakes

QSL5-001  
AVAILABLE SPRING 2016



QUICKSTER®  
SOCCER GOAL  
ULTRA-PORTABLE QUICK-SETUP SOCCER GOAL

- Sets up and breaks down in under 2 minutes
- Ultra-durable design for high-intensity training
- Utilizes Tension-Tite™ Frame Technology

**Soccer**  
6'x4' - QKS-SCR6-02  
8'x5' - QKS-SCR8-02  
12'x6' - 12QKS-000

**Futsal**  
3M x 2M - SOCC-KF32-001  
AVAILABLE SUMMER 2016



GOAL-EE™ SET  
QUICK-SETUP SOCCER GOALS

- Lightweight goals, built to withstand powerful shots
- Use for skill training or pickup games
- Easy setup, takedown and storage

GOAL-SET-002  
AVAILABLE EARLY 2016

ESSENTIALS



TRAINING VEST  
LIGHTWEIGHT BREATHABLE PRACTICE VEST

- Lightweight, breathable material that won't cause players to overheat
- Available space on the front to be customized with team logos
- Adult sizes only – one size fits most

Yellow - TVEST-YEL-001  
Red - TVEST-RED-001  
AVAILABLE EARLY 2016



EQUIPMENT BAG  
HEAVY-DUTY ROLLING BAG

- Carry your entire practice session in one bag
- 3 internal pockets
- 35" long, 18" wide and 15" deep

SKLZ-EQUIPBAG



SOCCER MAGNACOACH  
MAGNETIC, DRY-ERASE COACHING BOARD

- Versatile magnetic/dry-erase board combo for more organized coaching
- Clearly communicates lineups, player formations and tactics
- Board identifies players' set piece responsibilities

MAG-SOC-001



PRO MINI SOCCER  
AUTHENTIC MINI PRO SOCCER GOAL

- Looks and feels like a Premier League goal, only smaller
- Play indoors or out with soft foam soccer ball
- Durable construction to last season after season

PM-SOC-001



C6 DUFFLE BAG  
ODOR-ELIMINATING TRAINING BAG

- C6 Technology keeps duffle bag and clothes smelling clean
- Strong, durable fabrics prevent tears
- Padded shoulder strap and handles allow for bag to be carried by hand or over the shoulder

SKLZ-DUFFLE-001



TRAINING BACKPACK  
SPORT TRAINING ESSENTIALS BAG

- C6 technology eliminates unwanted odors
- Holds all necessary gear for your training and school
- C6 vented compartment, plus a fleece lined pocket for valuables

SKLZ-BBALPK-001



PRO TRAINING SYSTEM



PRO TRAINING  
AGILITY BANDS

FLEXIBLE AGILITY TRAINER

- Perfect for plyometric, speed and agility training and hip mobility drills
- Safe design helps prevent injuries when players fall or trip on them
- Can be used in skills exercises or as a gate or obstacle
- Set of 4

PTAB-BAND-001  
AVAILABLE EARLY 2016



PRO TRAINING  
FLAT MARKERS

NON-SLIP TRAINING MARKERS

- Improve footwork and dribbling technique
- Durable silicone material for use indoors or out
- Won't disrupt the path of the ball while training
- Set of 8

SOCC-FTMR-001



PRO TRAINING ARCS

PASSING AND DRIBBLING TRAINER

- Builds better passers with arcs that work on any surface
- Great small-target training tool to build passing accuracy and dribbling control
- Set of 6
- No retail packaging

PARC-001



PRO TRAINING  
SOCCER VOLLEY NET

ADJUSTABLE SOCCER VOLLEY NET

- Improve technique through engaging warm-up
- Net can be set to 10 or 20 feet wide
- Compatible with Pro Training Agility Poles

PTSV-VOL-001  
AVAILABLE EARLY 2016



PRO TRAINING  
AGILITY POLES

TELESCOPING AGILITY TRAINER

- Unique design works on grass, turf and courts with Pro Training Utility Weights
- Multiple training options with reversible spike
- Telescope to three different heights for different phases of training
- Set of 8

TAPO-001



PRO TRAINING  
UTILITY WEIGHT

AGILITY POLE, ARC AND SOCCER GOAL WEIGHT

- Holds up the Pro Training Agility Poles and Arcs for use on any surface
- Adds stability to Quickster® Soccer Trainer and Pro Training Goals for better balance on all surfaces
- Four pounds each of durable rubber
- Set of 2
- No retail packaging

ACWT-001



PRO TRAINING  
AGILITY CONES

2", 6", 9" CONES

- Engineered with extremely durable, pop-back material
- Square-base design for better balance
- Built to work on turf, courts, grass and any other surface

2" Cone - Set of 20 TIAC-001  
2" Cone - Set of 20 TIAC-RED-000  
6" Cone - Set of 4 SIAC-001  
6" Cone - Set of 4 SIAC-RED-000  
9" Cone - Set of 8 NIAC-001



PRO TRAINING  
AGILITY CONE COLLECTOR

COACHES' TOOL FOR PORTABILITY  
AND ORGANIZATION

- Quickly and easily picks up Pro Training Agility Cones—2", 6" and 9"
- Helps organize, store and transport cones
- Holds an entire set of Pro Training Agility Cones
- No retail packaging

COCO-001  
AVAILABLE SUMMER 2016



DESIGNED TO WORK TOGETHER FOR AN  
EFFICIENT TRAINING SESSION SET-UP

SKLZ®

**BASKETBALL**



**SHOOTING**



## RAPID FIRE II

### MAKE-OR-MISS BALL RETURN

- Maximizes your number of practice shots from all over the court
- Returns balls from any angle – without chasing a ball
- Mounts easily in minutes to rectangular backboards up to 60"
- Adjustable arm brackets fold back easily for games or can be used as a backstop to protect your landscaping
- Weighted bases move around for optional return angles and heights

Package Type: Retail Box







## DOUBLE DOUBLE

### SHOT TRAJECTORY AND REBOUNding TRAINER

- Improves shooting accuracy and confidence
- Shrinks the diameter of the rim to encourage a higher arc and greater shooting accuracy
- Fits standard sized rims (18")
- Reduces inner rim diameter to 15" to encourage more precise shooting
- Includes detachable "rejecter" to allow for rebounding practice

Package Type: Retail Box





## KICK-OUT

360 DEGREE BALL RETURN SYSTEM

- Rotating chute returns made shots anywhere on the court
- Easily assembles and attaches to the rim without any hardware
- Easy handle adjustment

Package Type: Retail Box







## SHOTLOC®

### BASKETBALL SHOOTING TRAINER

- Forces players to keep the ball off the palm of hand
- Promotes proper release and follow-through
- Spreads fingers for better ball stability
- Flexible and comfortable
- Available in a variety of sizes

Package Type: Retail Box





## SHOOTING TARGET

OPTICAL SHOOTING AID

- Gives players a true visual target in the center of the rim
- Attaches easily to the net hooks
- Doesn't alter the flight of the ball
- Improves accuracy for any shot on the court

Package Type: Retail Box







## SQUARE UP

### VISUAL SHOOTING MECHANICS TRAINER

- Provides a visual aid to teach the correct ball rotation and alignment
- Encourages correct hand placement while shooting
- Gives a player instant visual feedback
- Straps onto basketball quickly and easily
- Encourages shooters to square up to the hoop

Package Type: Retail Box



# DRIBBLING





## HEAVYWEIGHT CONTROL BASKETBALL

29.5" TRAINING BASKETBALL

- Helps build arms, wrist, and forearms strength
- Improves dribbling, passing, and rebound
- Synthetic leather basketball build for indoor and outdoor use
- Size: 29.5"
- Weight: 3lbs
- Dimensions: 9.5" x 9.5" x 9.5"

Package Type: Retail Box



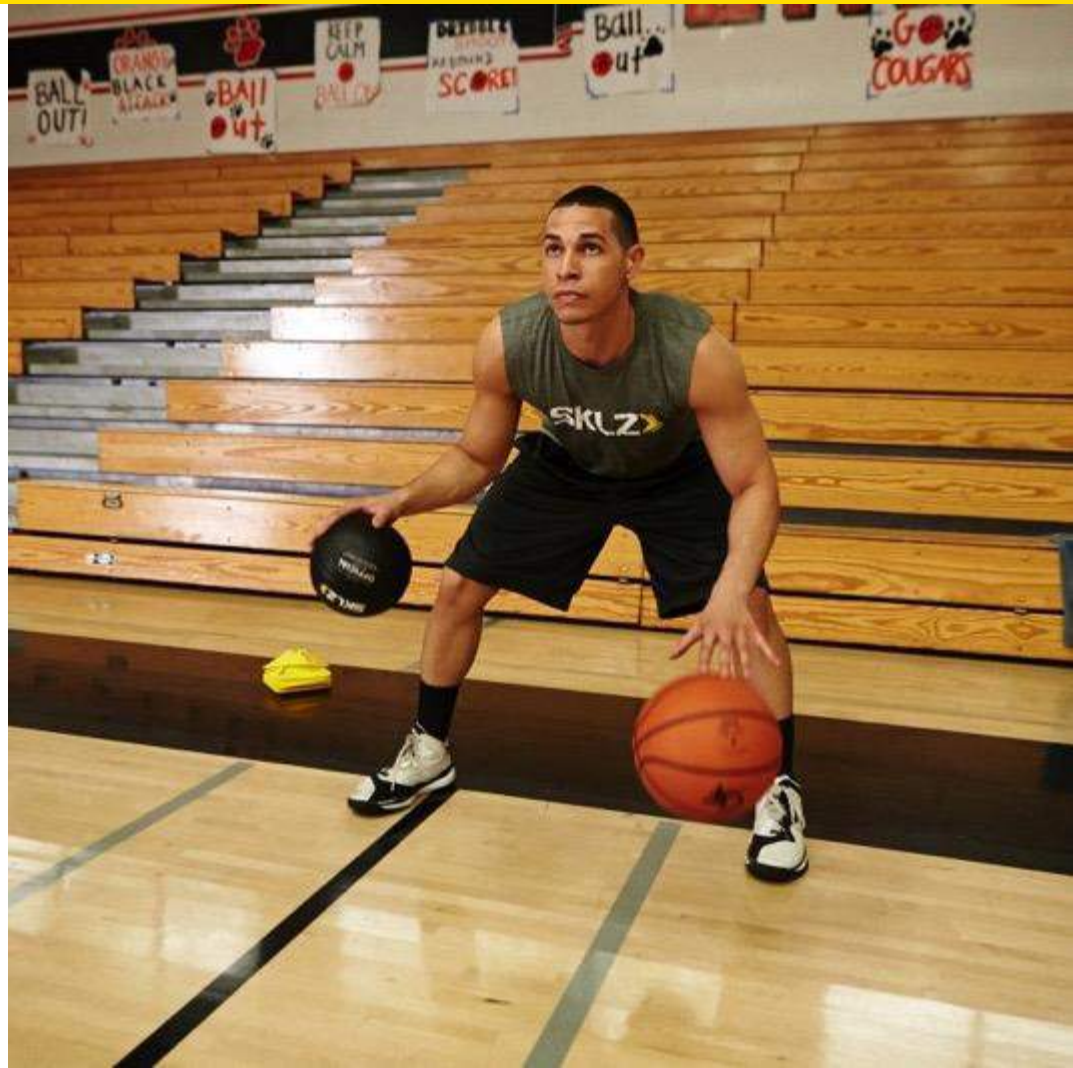


## OFFICIAL WEIGHT CONTROL BASKETBALL

22.25" TRAINING BASKETBALL

- Small size promotes ball awareness
- Builds muscle memory and increases grip strength
- Synthetic leather basketball build for indoor and outdoor use
- Size: 22.25"
- Official Weight
- Dimensions: 7.5" x 7.5" x 7.5"

Package Type: Retail Box







## LIGHTWEIGHT CONTROL BASKETBALL

22.25" TRAINING BASKETBALL

- Small size promotes ball awareness
- Forces a quicker reactions time off the bounce and speed with the ball
- Synthetic leather basketball build for indoor and outdoor use
- Size: 22.25"
- Lightweight
- Dimensions: 7.5" x 7.5" x 7.5"

Package Type: Retail Box







## DRIBBLE STICK

BASKETBALL DRIBBLING & AGILITY TRAINER

- Improves hand positioning, stance and speed with the ball
- Use for plyometric training and conditioning
- Includes four sticks that easily adjust in height for multiple drills
- Great for coaches and players of all levels
- Mimics on-court dynamics against defenders

Package Type: Retail Box







## COURT VISION

### DRIBBLE GOGGLES

- Forces players to handle the ball with his or her head up to survey the court
- Improves reaction time against defenders
- Increases confidence on the court
- Soft plastic and adjustable strap allow for a comfortable fit

Package Type: Retail Box



# ESSENTIALS





## SOLO ASSIST

### BASKETBALL REBOUNDER

- Trains players to get their feet set and shoot the ball off the pass
- Ideal for individual player development
- Designed to work on multiple surfaces
- Portable and folds flat for storage

Package Type: Retail Box





## MAGNACOACH

MAGNETIC DRY-ERASE COACHING TOOL

- Magnetic player tiles allow easy play diagramming and line-up adjustment
- Stat area for team and personal fouls
- Dry-erase surface on front and back for notes and diagramming plays
- Includes 12 magnets
- Measures 8.5" x 13"

Package Type: Hangtag & Clear Bag





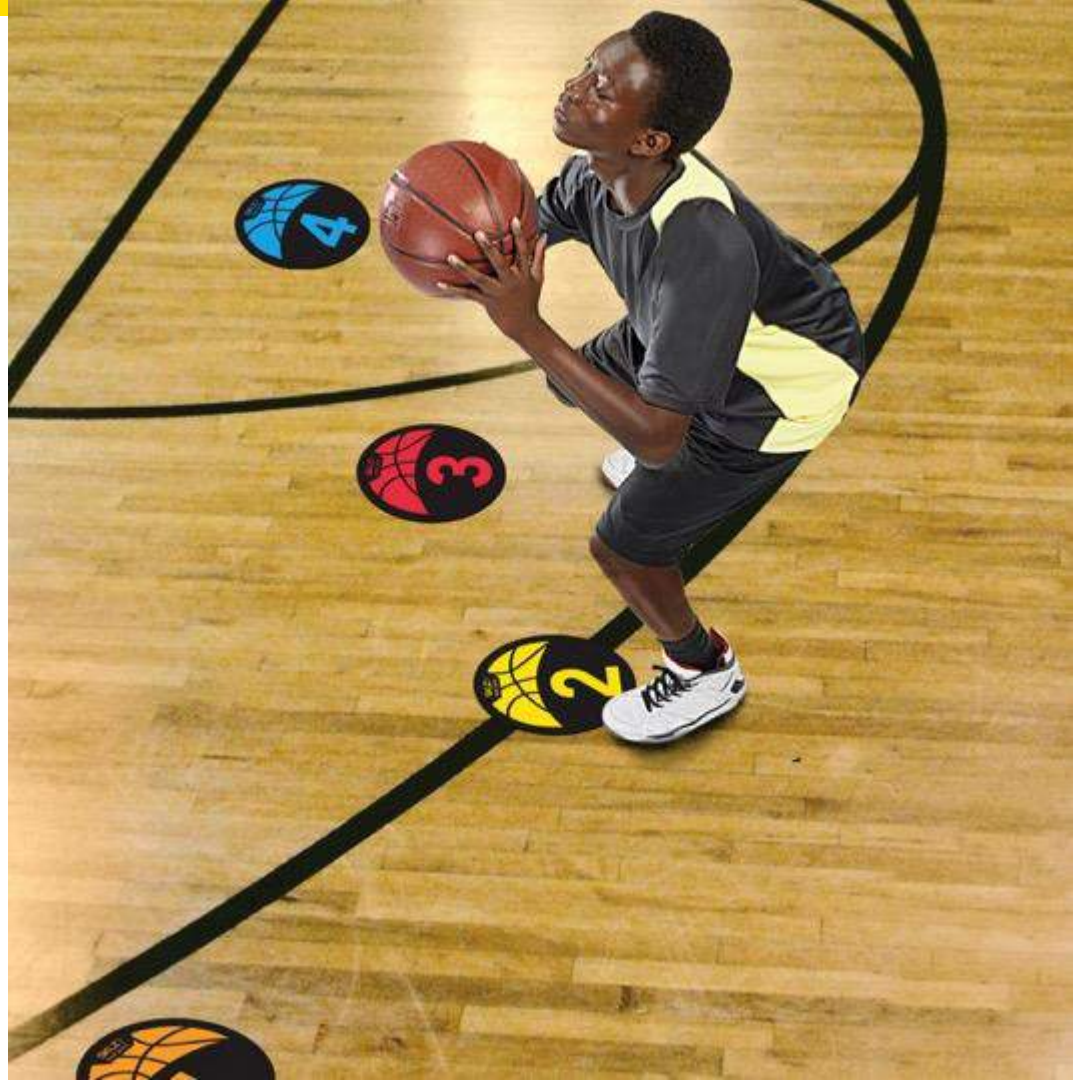


## SHOT SPOTZ

### BASKETBALL TRAINING MARKERS AND GAME SET

- Use for positioning and building court awareness
- Fun basketball game and effective learning tool
- Comes with five durable, high-density ground discs, numbered 1 through 5
- Allows for a variety of drills and games all over the court – find your spot and take the shot
- Includes digital timer with magnet for timed shootouts or drills

Package Type: Hanging Retail Bag





## D-MAN

### HANDS-UP DEFENSIVE MANNEQUIN

- Hands-up mannequin provides the perfect practice partner
- Learn to shoot or pass over or around hands-up defenders – arms up to 8 ft. high
- Ideal for solo practice or team setting
- Adjustable height for different size players
- Includes weighted base for added stability

Package Type: Retail Box





SKLZ®

**PRO MINI LINE**



## PRO MINI HOOP MICRO

SMALLER PRO STYLE FUN

OCTOBER 2015

- 15" x 10" Polycarbonate Backboard
- 8" Metal Breakaway Rim
- 4" Foam Game Ball
- 2 Over-the-Door Mounts Hooks

Package Type:  
BOX

Dimensions:  
TBD







## PRO MINI HOOP ORIGINAL

### PRO GRADE FUN

Available now

- Look, function and durability of professional grade hoop
- 18" x 12" Polycarbonate Backboard
- 9" Metal Breakaway Rim
- 5" Rubber Mini Basketball
- 2 Over-the-Door Mount Hooks

Package Type:  
RETAIL BOX

Dimensions:  
18.25" x 12.25" x 5"





## PRO MINI HOOP ORIGINAL XL

BIGGER AND BADDER

Available now

- Breakaway Steel Rim
- 23" x 16" Polycarbonate Backboard
- 9.5" Metal Breakaway Rim
- 5.5" Rubber Mini Basketball
- 2 Over-the-Door Mount Hooks

Package Type:  
RETAIL BOX

Dimensions:  
24.5" x 16.5" x 3.15"







## PRO MINI HOOP MIDNIGHT

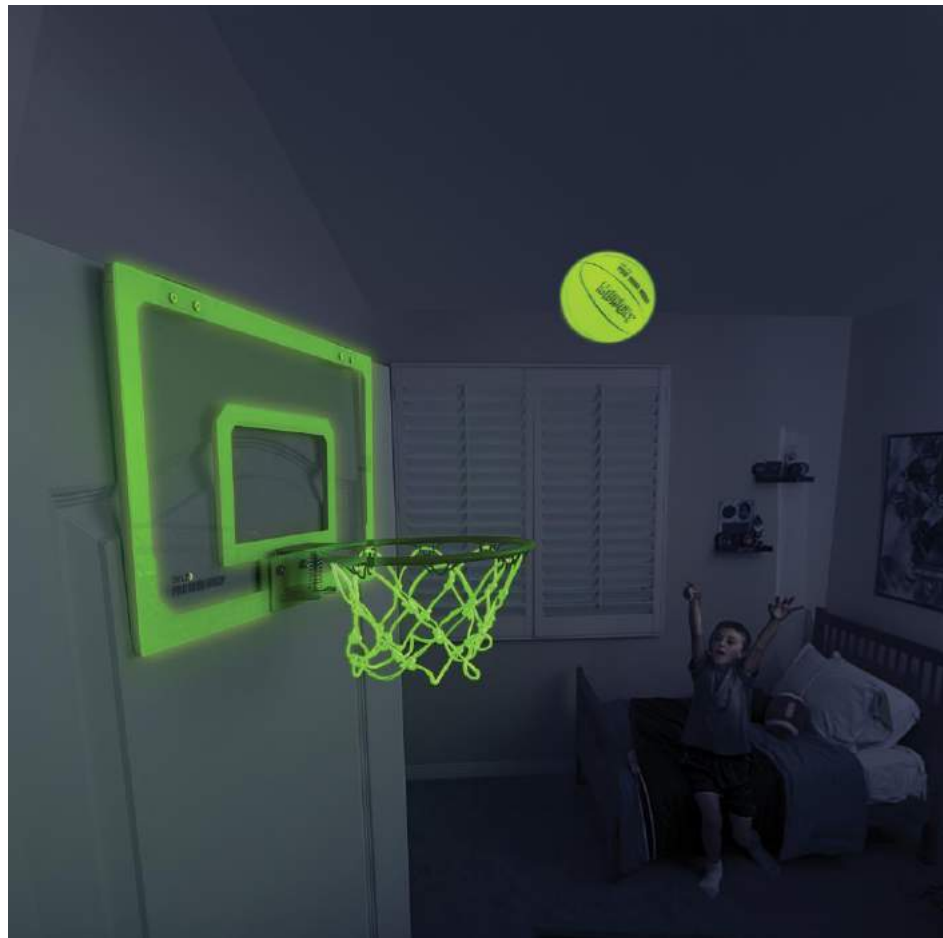
### GLOW-IN-THE-DARK FUN

Available now

- Glow-In-The-Dark Parts: Ball, Backboard and Net
- 18" x 12" Glow Polycarbonate Backboard
- 9" Metal Breakaway Rim
- 5" Glow Mini Basketball
- 2 Over-the-Door Mount Hooks

Package Type:  
RETAIL BOX

Dimensions:  
18.32" x 12.24" x 3.15"

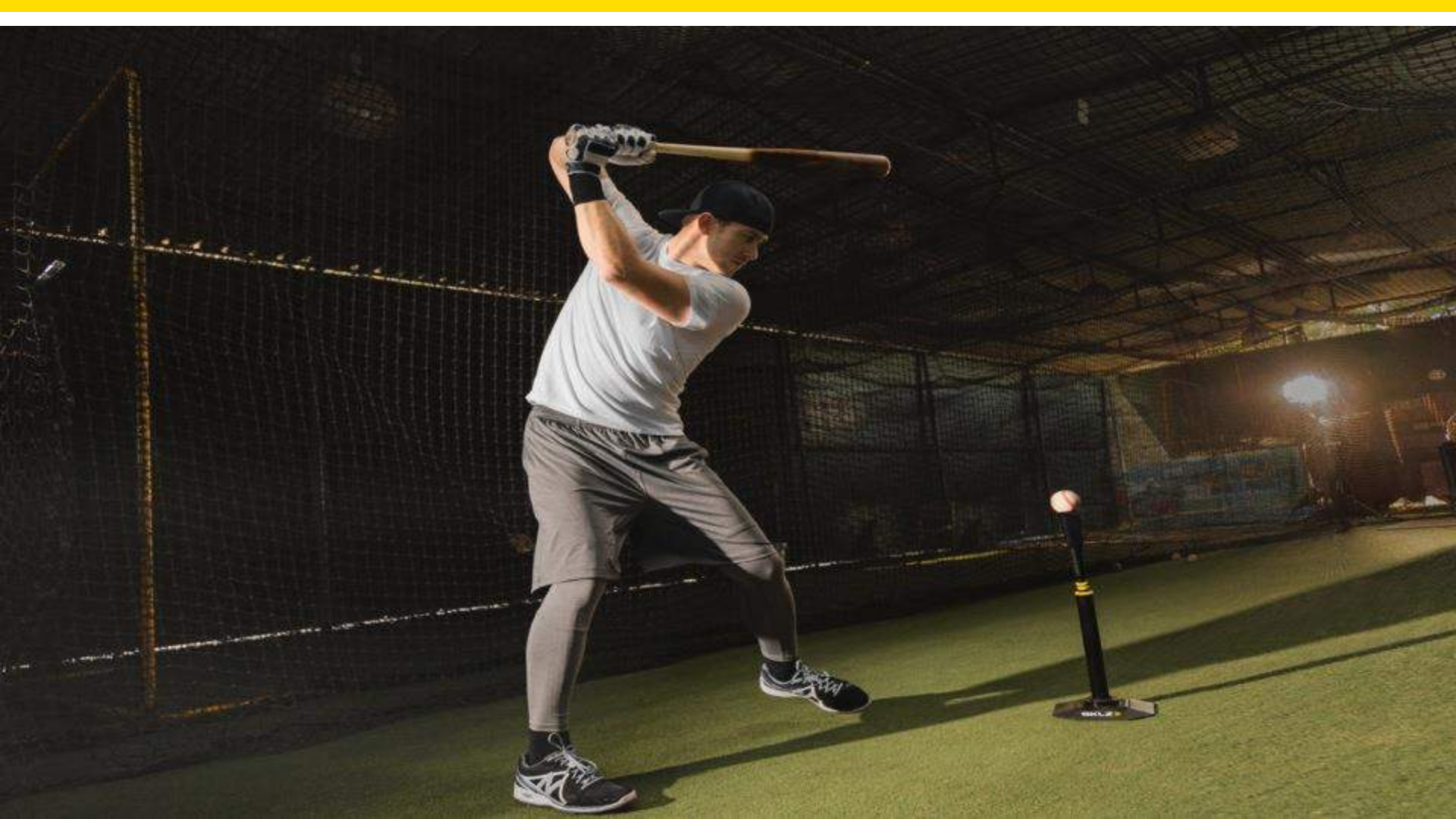


SKLZ®

**DIAMOND**

2016 BASEBALL





# PRODUCTS





## ZIP-N-HIT™

### GUIDED PITCH AND RETURN BATTING TRAINER

- Practice hitting pitches of different speeds and movement
- Simply pull cords apart to “zip” the pitch to the batter
- Acts like a portable batting cage; batters can improve their swings almost anywhere
- Comes with an attachment clip and strap, to practice almost anywhere

Package Type: Full Color Retail Box





## HIT-A-WAY®

HIGH-REPETITION SOLO BATTING TRAINER

- Twist-back design simulates real pitches
- Refines mechanics through repetition training – up to 500 swings per hour
- Maximizes power and swing speed
- Quickly improves your contact and batting average

Package Type: Full Color Retail Box







## HIT-A-WAY®

WORLD'S #1 SOFTBALL SWING TRAINER

- Improves timing, confidence and hand-eye coordination
- Develops better swing and stance mechanics
- Get up to 500 swings per hour without ever chasing a ball
- Tethered ball and cord with Velcro straps quickly attaches to any pole or tree

Package Type: Full Color Retail Box





## HIT-A-WAY JR

### 2-IN-1 YOUTH BATTING TRAINER

- Can be configured as a batting trainer or as a tee
- Sets up in seconds for hours of play or practice
- Twist-back design simulates real pitches
- Adjustable rubber cord for high or low pitches
- Develops hand-eye coordination
- Fun and safe for children to develop their batting skills

Package Type: Full Color Retail Box







## TARGET™ SWING TRAINER

### BASEBALL SWING TRAINER

- Horizontal hitting design gives correct feedback on each swing
- Comfort grip handle and optic ball make it easy to use
- Simulates virtually any type of pitch
- Ideal one-on-one coaching and batting training tool
- Measures 52" long

Package Type: Full Color Retail Box





## TARGET™ SWING TRAINER

### TWO-MAN SOFTBALL SWING TRAINER

- Horizontal hitting design gives the batter correct feedback on each swing
- Great coaching trainer allows players to target various pitch locations
- Comfort grip handle and optic ball with flexible stick make it easy to use—58" in length

Package Type: Full Color Retail Box





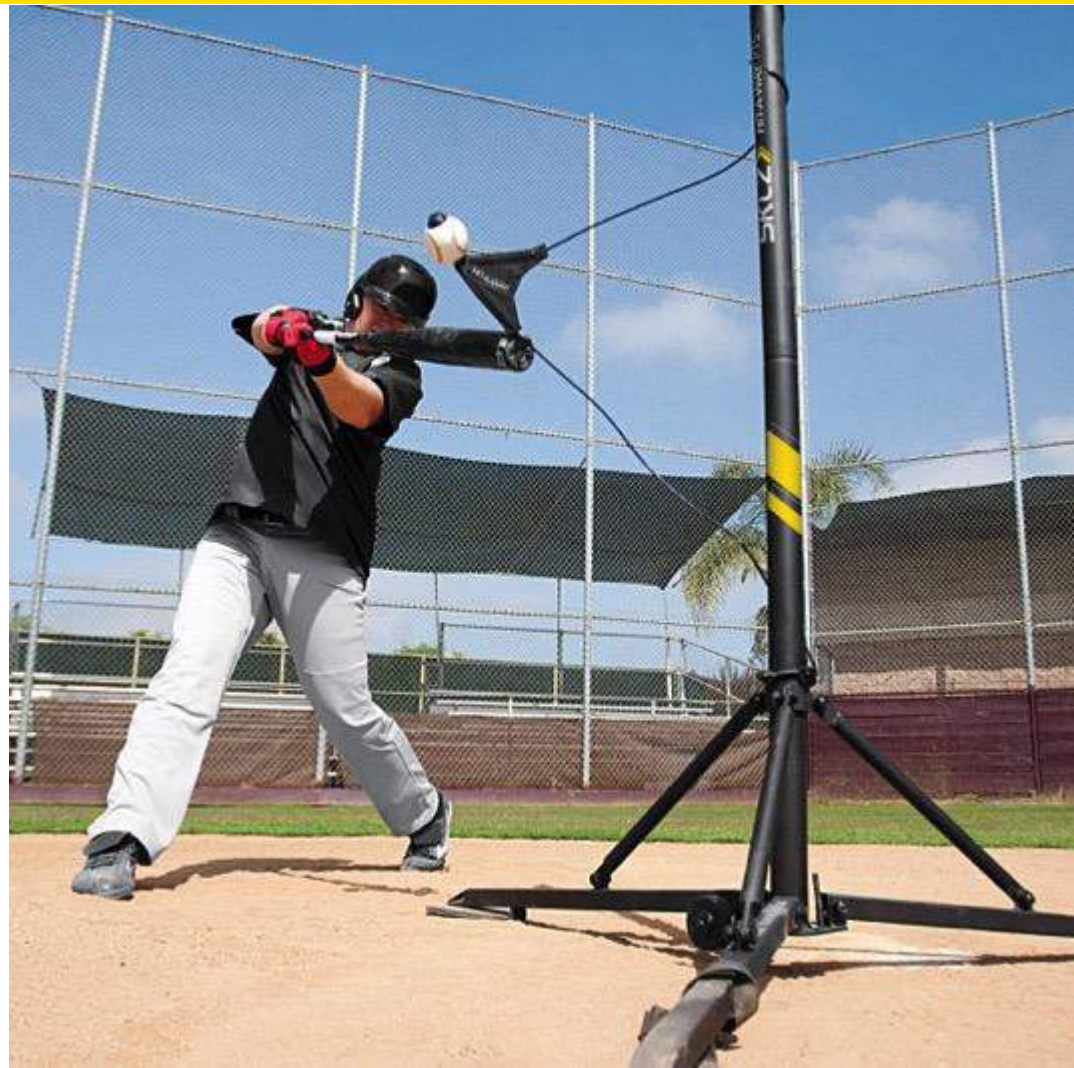


## HIT-A-WAY® PTS

### PORTABLE TRAINING STATION

- The #1 batting trainer of all time on a sturdy portable 5' pole
- Twist-back design simulates real pitches
- Maximizes power, swing speed and mechanics through repetition
- Training
- Adjustable "pitch" height

Package Type: Full Color Retail Box





## HURRICANE™ CATEGORY 4

HIGH-REP SOLO SWING TRAINING MACHINE

- Turns two-man target training into an advanced solo trainer
- Can be used for static tee practice or as a dynamic moving target
- Height adjustable for virtually any player or ball position
- Multi-twist mechanics provides feedback on bat speed and power
- Easy setup and storage – no tools needed

Package Type: Full Color Retail Box







## YOUTH TEE

### ADJUSTABLE HEIGHT BATTING TRAINER

- Durable batting tee with rubber home plate base
- Perfect beginners' training tee, use for practice or t-ball game
- Improves swing mechanics and body positioning
- Easy to assemble three-piece adjustable pole and base
- Three-piece adjustable pole height from 18 to 26 inches
- Specialized tee cup for better contact

Package Type: Full Color Retail Box





## TRAVEL TEE DLX

QUICK SETUP, ULTRA-DURABLE BATTING TEE

- Dual-wrapped tee top provides unmatched durability
- Quickly folds out for easy setup
- Tripod design provides maximum stability
- Collapses down completely and fits easily into bat bags

Package Type: Full Color Retail Box







## 360° TEE™

### ALL-POSITION BATTING TRAINER

- Builds confidence for hitting all types of pitches
- Full 360° rotating stem adjusts for a wide range of pitch locations
- Promotes proper swing mechanics and body positioning
- Perfect for practice or tee ball games
- Adjusts 22" to 36" vertical adjustment for high and low pitches and 16" wide at the base

Package Type: Full Color Retail Box



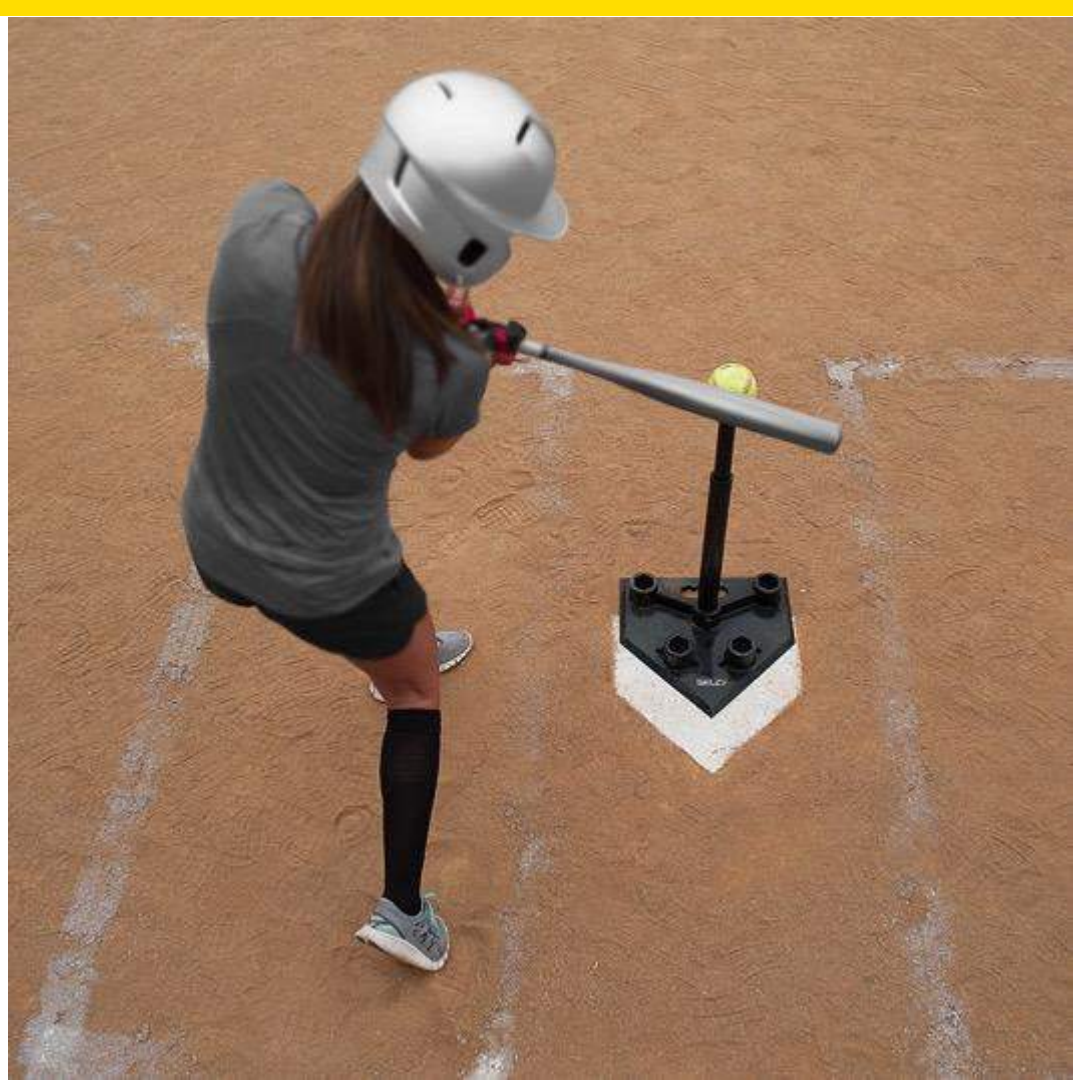


## 5-POSITION TEE

### TRADITIONAL BATTING TEE

- Teaches positioning for inside, center, outside, high and low pitches
- Improves swing mechanics and body positioning
- Perfect for practice or tee ball games
- Flexible rubber neck provides "give" and stability with a sturdy base

Package Type: Full Color Retail Box





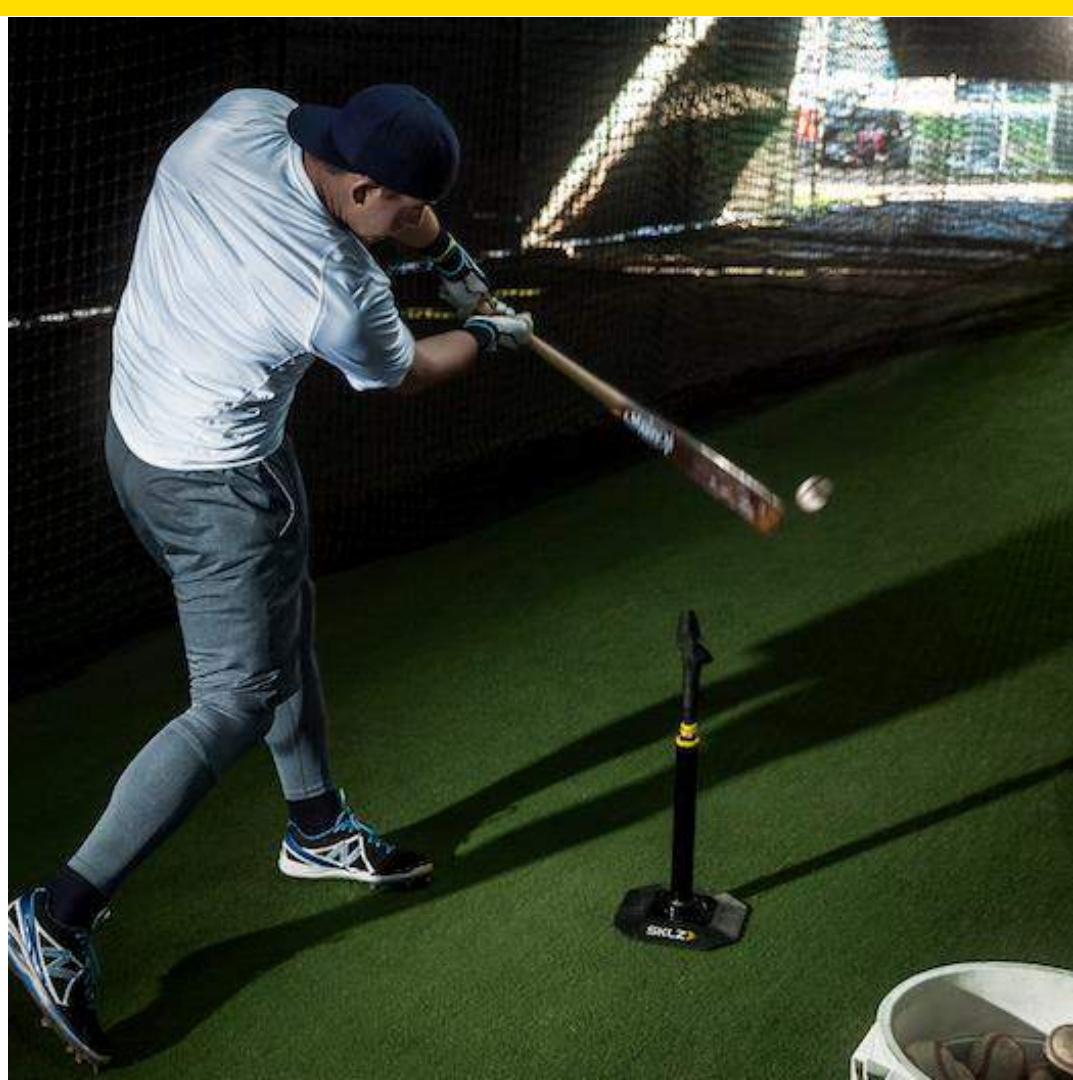


## PRO TEE

### TRAINING GRADE BATTING TEE

- Tee is built for durability and simplicity for hours of hitting.
- Removable 7-9 pound base
- Durability with portability

Package Type: Full Retail Color Box





## POWER STICK®

OVERLOAD STRENGTH TRAINING BAT

- Heavy weight simulates game bat feel and builds proper swing Mechanics
- Narrow barrel builds more accurate contact
- Creates better bat speed and power
- Strengthens batting-specific muscles
- Durable steel design, overload bat weighs 30 oz and is 30" length

Package Type: Retail Hang Tag







## QUICK STICK®

### UNDERLOAD SPEED TRAINING BAT

- Narrow barrel builds more accurate contact
- Lightweight bat allows for more swings and less fatigue and improves rotation speed
- Improves hand-eye coordination
- Durable aluminum design
- Weighs 12 oz and is 30 " in length

Package Type: Retail Hang Tag





## LIGHTNING BOLT

### SOFT MICRO BALL PITCHING MACHINE

- Lightweight and portable – ideal for practicing hitting just about anywhere
- Automatically pitches soft practice balls 30 mph every 5 seconds
- Angle adjusts for different pitching locations
- Small ball training builds visual acuity and hitting accuracy

Package Type: Full Color Retail Box







## CATAPULT

### SOFT TOSS PITCHING MACHINE

Spring 2016

- Catapult 2.0 will have the ability to throw both baseballs and softballs.
- Helps hitters perfect their timing and mechanics
- Ball loft adjustment for players of multiple heights
- Durable construction for heavy use.

Package Type: Full Retail Retail Box





## THUNDER BOLT

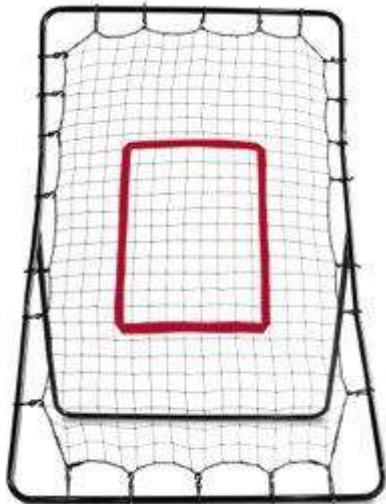
### DUAL-WHEEL PRACTICE BALL PITCHING MACHINE

- Two wheel pitching machine throws training balls 45 MPH
- Feeder design gives hitters a visual of the balls dropping into the two wheel system, allowing them to perfect their timing
- Auto-feed tube holds 12 balls and throws pitches every 8 seconds
- 3 speed motor throws a variety of pitches
- Auto-feed tube removes easily for shagging balls

Package Type: Full Color Retail Box





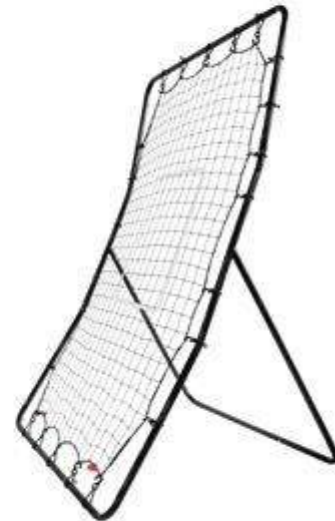


## PITCHBACK

THROWING, PITCHING & FIELDING TRAINER

- Great trainer for beginners
- Returns balls at a variety of angles for throwing, pitching and fielding practice
- Durable construction with a sturdy metal frame and tough netting material
- Angled frame assembles quickly and easily

Package Type: Full Color Retail Box





## 7' PRACTICE NET

QUICK SETUP MULTI-SPORT NET

- Sturdy 7' multi-sport net
- Perfect for baseball, softball and other sports
- For indoor or outdoor practice
- Sets up quickly and easily
- Includes convenient carry bag

Package Type: Full Color Retail Box







## QUICKSTER® SPORT NET 5X5

ULTRA-PORTABLE QUICK SETUP NET

- Sets up and breaks down in under 90 seconds
- Sturdy and stable for youth and elite players
- Ultra-durable design for high-intensity training
- Lightweight, easy to pack, carry, and store
- Utilizes Tension-Tite™ Frame Technology
- Includes removable pitching target and carry bag

Package Type: Full Color Retail Box





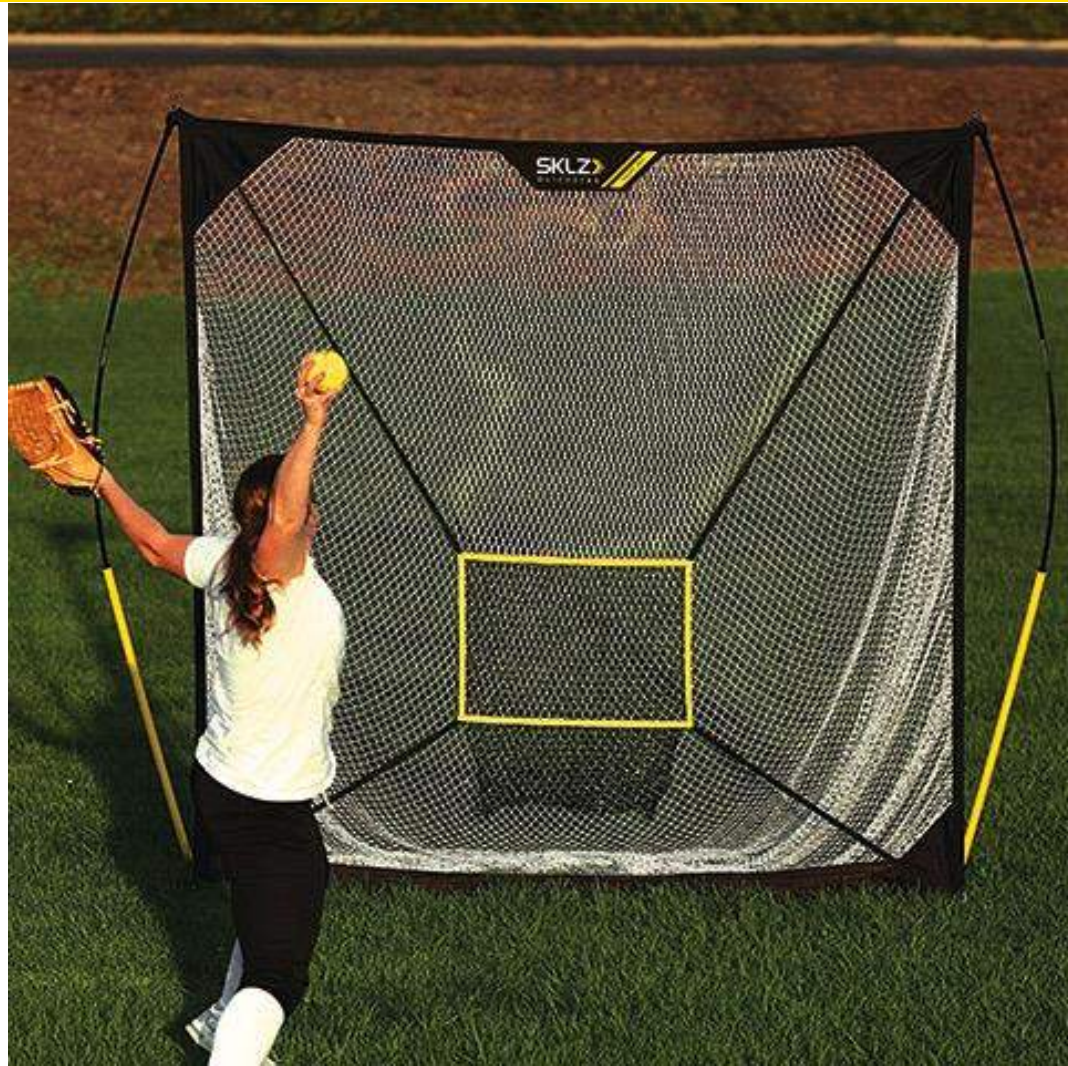


## QUICKSTER® SPORT NET 7X7

ULTRA-PORTABLE QUICK SETUP NET

- Sets up and breaks down in under 90 seconds
- Sturdy and stable for youth and elite players
- Ultra-durable design for high-intensity training
- Lightweight, easy to pack, carry, and store
- Utilizes Tension-Tite™ Frame Technology
- Includes removable pitching target and carry bag

Package Type: Full Color Retail Box







## QUICKSTER VAULT NET

8X8 LARGE MOUTH NET

- Largest baseball net on the market
- Largest net opening on the market
- Increased base for better stability
- Thicker net for better durability

Package Type: Full Retail Color Box





## QUICKSTER® BASEBALL COMBO SYSTEM

2-IN-1 PRACTICE NET AND RETURN

- Switch from 7'x7' net to return easily and quickly
- Return net provides pitchers simulation with strike zone target, safely rolls balls back to pitcher
- Ultra-durable practice net design allows for high-intensity batting practice
- Sets up and breaks down in under 90 seconds

Package Type: Full Color Retail Box







## PRACTICE BALLS

LIMITED-FLIGHT BALLS

- Golf ball-size practice balls offer limited-flight batting practice
- Builds batting skills without needing a field
- Small size encourages more focused batting training
- Available in a 12-pack
- Safe for backyard play

Package Type: Mesh Bag + Header Card





## MINI IMPACT BALL (12 PACK)

INDESTRUCTIBLE PRACTICE BALL

- Smaller version of Impact Ball
- Limited flight
- Replaces small version of whiffle back for increased durability and visual acuity

Package Type: Full Retail Packaging  
-Mesh Bag







## THUNDER BOLT BALLS

8.25" TRAINING BALLS

- Designed for the Thunder Bolt pitching machine and everyday training
- Small size encourages more focused batting training
- 8.25" circumference, 2 oz. ball provides a baseball hitting experience
- Limited ball flight perfect for backyard practice

Package Type: Mesh Bag + Header Card





## CONTACT BALL

15 OZ CONTACT TRAINING BALL

- Built to show the hitter if they are making meaningful contact with the ball
- Gives hitters instant feedback
- Helps hitters develop follow thru and strength in swing
- Durable construction for heavy use.

Package Type: Full Color Retail Box.  
PDQ w/ 12







## THROW TRAINER BALL

TEACHING TOOL FOR SAFE AND EFFECTIVE THROWING

- Reduces the risk of throwing arm injuries while improving performance
- Utilizes scientifically designed and located raised seams to stimulate the mind-muscle link
- Raised seams improves finger, hand, and wrist positioning throughout the throwing motion

Package Type: Clam Shell





## PITCH TRAINER BALL

TEACHING TOOL FOR SAFE AND EFFECTIVE PITCHING

- Reduces the risk of throwing arm injuries while improving performance
- Utilizes scientifically designed and located raised seams to stimulate the mind-muscle link
- The pitch guide shows players the proper grip for 4 different pitches (Fastball, Curveball, Slider, Change-Up)

Package Type: Clam Shell







## IMPACT BASEBALLS

HEAVY DUTY PLASTIC BALLS

- EVA pop back technology collapses on impact but never dents
- Gives players the feel of where contact is made
- Limited-flight balls mean less time retrieving
- Highly durable, resists cracking – perfect for team use
- Strong enough to hold up to the most powerful swings
- Includes twelve 9" balls

Package Type: Mesh Bag + Header Card





## IMPACT SOFTBALLS

HEAVY DUTY PLASTIC BALLS

- EVA pop back technology collapses on impact but never dents
- Gives players the feel of where contact is made
- Limited-flight balls mean less time retrieving
- Highly durable, resists cracking – perfect for team use
- Strong enough to hold up to the most powerful swings
- Includes eight 11" balls

Package Type: Mesh Bag + Header Card







## POWER-THRU

HEAVY BALL HITTING TRAINER

- Encourages players to hit through the ball
- Increases wrist and forearm strength and power
- Works with the Pro X Tee "Power-Thru" tee top
- Weight: 17 oz.

Package Type: Mesh Bag + Header Card



## BULLET BALL®

### SPEED DETECTION TRAINING BALL

- Ideal pitching trainer for any age or skill level; easily adjusts between little & big league distances to the plate
- Accurately records pitches measuring speeds up to 120 mph
- Tracks your progress, conditions your aim, and increases your pitch speed
- Official size and weight

Package Type: Clam Shell







## BOLT BALLS

### SOFT MICRO BALLS

- Lightweight foam practice balls, made to work with the Lightning Bolt pitching machine
- Provides continual hitting practice with the Lightning Bolt, and also great for soft toss
- Small size encourages more focused batting training
- 4" circumference

Package Type:





## SOFTHANDS®

### FIELDING TRAINER

- Teaches a soft receiving technique and the transition from glove to throwing hand
- Reinforces using two hands and getting in front of the ball
- Fits either hand
- Appropriate for all levels of play
- Made of lightweight foam material

Package Type: Header Card







## REACTION BALL®

BASEBALL AGILITY TRAINER

- Improves hand-eye coordination and depth perception
- Six sided high-bounce rubber design for unpredictable bounces
- Fun way to improve your reflexes and agility
- Use solo, against a wall or in a team setting

Package Type: Clam Shell



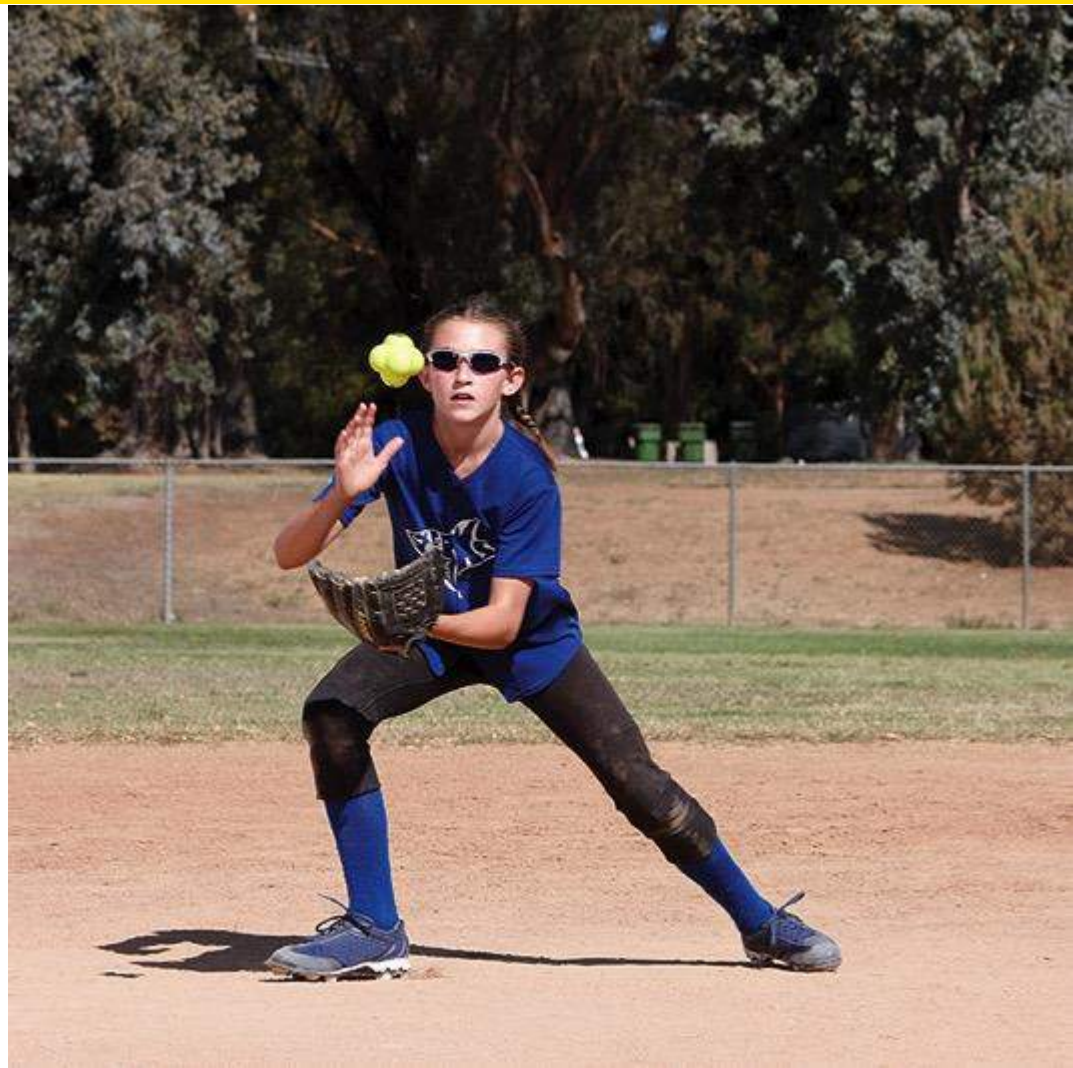


## REACTION BALL®

SOFTBALL AGILITY TRAINER

- Develops quick reflexes for players at any fielding position
- Six-knob design with rubber construction creates unpredictable bounces
- A fun way to improve reflexes and agility
- Use solo or in a team setting
- Great training tool for all sports

Package Type: Clam Shell







## GROUND BALL TRAINER

### SOLO FIELDING TRAINER

- Tension cord provides realistic ball return to player
- Velcro strap easily attaches to glove
- Designed for left hand and right handed players
- Practice in Multiple Environments – on the diamond or backyard
- Regulation size and weight baseball with soft core

Package Type: Full Retail Packaging  
- Clam Shell





## POWER COMBO

### BULLET BAND & HANDLE SET

- Bullet Band provides resistance training for increasing arm, shoulder, and core strength
- Power Handle magnifies the force behind your connection with the ball
- Increase flexibility and range of motion, reducing chance of injury
- Indoor/outdoor anchor system attaches to fence or door

Package Type:







## FIELD SHIELD

### FULL-FACE PROTECTION SHIELD

- Promotes player confidence with secure and complete facial and dental protection
- Full visibility, ventilation and adjustable chin pad for an individual custom fit
- Ultra lightweight and extremely strong

Package Type: Header Card Hang Tag



